Voices of Hope will offer our next Volunteer/Internship training on the following dates: January 21st, January 28th, February 4th, February 11th, and February 18th. Each Saturday, the training will be held from 8am-5pm. All participants must attend the entire training for successful completion. This training is available for volunteers looking to provide services on our 24 hour/7 day per week crisis line. We will also offer a limited number of Undergraduate and Graduate internships. For more information or to reserve your spot in the training, contact: [Brenda@voicesofhopelincoln.org](mailto:Brenda@voicesofhopelincoln.org)

Requirements for Volunteers:

\*Successful completion of the training

\*A minimum 6 month commitment (even if beyond your school's commitment)

\*Volunteering a minimum of 15 hours per month (averages out to 1 shift per week)

Requirements for Undergraduate Interns who would like to use the Crisis Line for their Crisis experience:

\*Successful completion of the training

\*A minimum 6 month commitment (even if beyond your school's commitment)

\*Interning a minimum of 20 hours per month (averages out to 1-2 shift per week)

Requirements for Associate Level/Undergraduate Interns who would like In House experience:

\*Successful completion of the training

\*A minimum 6 month commitment (even if beyond your school's commitment)

\*Interning a minimum of 9 hours per week, In House-taking a minimum of 2 shifts per week.

-Shifts are either 8am-12:30pm or 12:30pm-5pm

\*Attending weekly Case Review meetings on Wednesdays from 3-4pm

Requirements for Graduate Interns:

\*Successful completion of the training

\*A minimum 6 month commitment (even if beyond your school's commitment)

\*Interning a minimum of 9 hours per week, In House-taking a minimum of 2 shifts per week.

-Shifts are either 8am-12:30pm or 12:30pm-5pm

\*Attending weekly Case Review meetings on Wednesdays from 3-4pm

\*One hour of On Site Supervision, weekly

Our training offers:

\*A comprehensive look at Domestic Violence and Sexual Assault

\*Training from Voices of Hope staff and a variety of our partnering agencies

\*Networking opportunities

\*Future opportunities for Internships or Practicums

\*A flexible Crisis Line shift schedule

\*An opportunity to attend our weekly case meetings for additional support, supervision, and education

\*Volunteer opportunities with fundraising, children's services, and other community events