## POWER AND CONTROL WHEEL

### The Power and Control and Equality Wheels

These wheels were developed by Duluth Domestic Abuse Intervention Project (DAIP) to use in connection with the DAIP batterers' treatment program, "Power and Control: Tactics of Men Who Batter." They show graphically how a system of power and control supports violence and how, alternatively, a system of equality supports non-violence. In the authorized programs, batterers' groups look closely at each of theses issues and examine their own behaviors and underlying attitudes.



### EQUALITY WHEEL

# **NONVIOLENCE**

# NEGOTIATION AND FAIRNESS

Seeking mutually satisfying resolutions to conflict \* Accepting change\* being willing to compromise

## ECONOMIC PARTNERSHIP

Making money decisions together \* Making sure both partners benefit from financial arrangements.

### **EQUALITY**

RESPONSIBILITY
Mutually agreeing on a fair
distribution of work \* Making
family decisions together

SHARED

# RESPONSIBLE

PARENTING
Sharing parental
responsibilities \* Being a
positive non-violent
role model for the children.

### NON-THREATENING BEHAVIOR

Talking and acting so that she feels safe and comfortable expressing herself and doing things

#### RESPECT

Listening to her non-Judgmentally \* Being emotionally affirming and understanding \* Valuing opinions

### TRUST AND SUPPORT

Supporting her goals in life \* Respecting her right to her own feelings, friends, activities and opinions

### HONESTY AND

### ACCOUNTABLILITY

Accepting responsibility for self \*
Acknowledging past use of violence \*
Admitting being wrong \*
Communicating openly and truthfully

# NONVIOLENCE

DOMESTIC ABUSE INTERVENTION PROJECT Duluth, Minnesota